

DIAGNOSTIC EQUIPMENT

MUAC Tape

How do you use MUAC Place the tape measure around the LEFT arm (the arm should be relaxed and hang down the side of the body). Measure the MUAC while ensuring that the tape neither pinches the arm nor is left loose. Read the measurement from the window of the tape or from the tape. Record the MUAC to the nearest 0.1 cm or 1mm. MUAC is measured in adults and children, to the nearest 0.1 cm, using a flexible non stretch tape laid at the midpoint between the acromion and olecranon processes on the shoulder blade and the ulna, respectively, of the arm. MUAC is a measure of the sum of the muscle and subcutaneous fat in the upper arm. Why do we measure MUAC MUAC, is a measurement that allows health workers to quickly determine if a patient is acutely malnourished. PIH, as well as many other organizations, measures the circumference of a patient's arm at the midpoint between his or her shoulder and elbow

KES 200 (indicative; the quotation confirms the final price)

TECHNICAL SPECIFICATIONS

Features color-coded segments	red (severe malnutrition), yellow (moderate malnutrition), and green (normal nutrition).
Green	Normal nutrition - Continue routine monitoring
Yellow	Moderate Acute Malnutrition - Refer for nutritional support
Red	Severe Acute Malnutrition - Immediate medical attention

FEATURES

- Graduated in centimeters for precise measurement.
- Reusable and washable for hygiene and durability.
- Lightweight and portable, suitable for field and clinical use.
- Ideal for children aged 6–59 months, pregnant women, and adults.
- Recommended by UNICEF for rapid malnutrition screening.
- Hospitals
- Clinics
- Community Health Promoters

- NGOs
- UNICEF programs
- Nutritionists
- Refugee camps
- Emergency response teams
- Children 6–59 months
- Pregnant women
- Lactating mothers
- Adults

AVAILABLE OPTIONS

- **Size:** Adult, Pediatric

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